

Report to	Salisbury
Date of Meeting	08/11/2019
Title of Report	Community Youth Grants

## 1. Purpose of the report:

To ask Councillors to consider the following applications seeking funding from the Salisbury Area Board.

Application	Grant Amount
<b>Applicant:</b> The Any Body Can Cook Community Interest Company <b>Project Title:</b> Any Body Can Cook @ The Foyer	£1672.44
<b>Applicant:</b> Wiltshire Council <b>Project Title:</b> Salisbury Club 1 Gym Membership Project	£4800.00
<b>Total grant amount requested at this meeting</b>	<b>£6472.44</b>

## 2. Main Considerations

Councillors will need to be satisfied that grants awarded in the 2014/15 year are made to projects that can realistically proceed within a year of the award being made.

Area Boards have authority to approve Area Grants under powers delegated to them by the Cabinet member for Communities, Campuses, Area Boards, Leisure, Libraries and Flooding. Under the Scheme of Delegation Area Boards must adhere to the Area Board Grants Guidance 2014/2015.

Community Youth Grants will contribute to the continuance and/or improvement of cultural, social and community activity and wellbeing in the community area, the extent and specifics of which will be dependent upon the individual project.

Community Youth Grants give all local community and voluntary groups, Town and Parish Councils an equal opportunity to receive funding towards community based projects and schemes.

### 3. The applications

<p><b>Applicant:</b> The Any Body Can Cook Community Interest Company  <b>Project Title:</b> Any Body Can Cook @ The Foyer</p>	<p>Amount Requested from Area Board:          £1672.44</p>	
<p>This application meets grant criteria 2014/15.</p> <p><b>Project Summary:</b>We have been approached by The foyer in Salisbury to provide 6 basic cookery sessions at the request of their residents to support their transition to independence also some residents have requested an additional 6 advanced accredited sessions Level 2 food safety certificates to improve employability prospects within the catering industry.</p> <p><b>Please tell us WHO will benefit and HOW they will benefit from your project and benefit your local community:</b></p> <p>The project supports local priorities of addressing child poverty and childhood obesity, promoting healthy lifestyles through the opportunities to prepare and cook simple nutritious and economic meals. We will also be supporting the young people to manage to feed themselves healthily on extremely tight budgets supporting them to develop strategies when shopping and cooking that will save them money. From the sessions there are possible progression routes that could be accessed and we can support young people to do so. We are looking to gain some funding so the cookery sessions can be accredited through AQAs unit award scheme and Level 2 food safety awards, giving external recognition of the skills gained to each individual and offering evidence of achievement for those looking for employment in this area. Historically Any Body Can Cook has a number of learners who have progressed onto both further accredited courses and work in the catering industry - increasing employment opportunities.</p> <p>Through the social nature of the sessions new networks may develop and self confidence, and other softer skills increase to support participants when accessing employment and other activities.</p> <p>The sessions also support young people to connect with their communities enabling them to belong and contribute to society - through engagement with peers and other agencies who can offer opportunities or support.</p> <p>The project aims to prevent and divert young people away from risky behaviours e.g. teenage pregnancy substance misuse and involvement in crime and anti-social behaviour - through partnership support and signposting as well.</p> <p>We would anticipate working with approximately 25 young people over a series of sessions. The project will be accessible, as we are using the Foyers ground floor facilities. The sessions will be affordable as they will be free to attend. The content will be flexible and the young people who engage will have some ability to negotiate content in order that it meets their individual needs and therefore empower them to</p>		

actually use what they have learned. We will be supporting individuals with additional needs including mental health. The project will accommodate those with additional learning or physical/medical needs as the facilitator ABC Cook has a variety of equipment and strategies to support each learner's individual requirements. We will be working in partnership with the Foyer during delivery.

### Youth Panel recommendation

The Police Cadets (12) formed the youth panel to consider this grant, and unanimously recommended approval, with a good number of cadets also wishing to contribute more.

<b>Applicant:</b> Wiltshire Council <b>Project Title:</b> Salisbury Club 1 Gym Membership Project	Amount Requested from Area Board: £4800.00	
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This application meets grant criteria 2014/15.

**Project Summary:** The Salisbury Club 1 gym membership project aims to engage young people aged 15-25 into positive sport activities specifically focusing on those who face barriers such as mental health, poverty and other forms of exclusion. The aim is to connect young people at greater risk of negative outcomes into sport activity opportunities in their local area, helping them to become more independently active while making use of local facilities.

**Please tell us WHO will benefit and HOW they will benefit from your project and benefit your local community:** This project will engage young people into positive sport activities specifically focusing on those who face barriers such as mental health poverty and other forms of exclusion. To meet the needs of groups of young people at greater risk of negative outcomes and whose engagement is often limited. To have a positive impact upon the long-term health of the young people of Salisbury through developing a culture of sustained physical activity participation. To work with young people/families who do not participate in sport currently who live in areas of high deprivation. The project support Wiltshire Council Business Plan 2017-2027 Priorities and Goals : Strong Communities / Personal Wellbeing/ Protecting the vulnerable / Early intervention/Working with partners/Delivering together.

Young people from lower income households where health inequalities are greatest and where participation in sport is lowest would benefit most from a more active healthy lifestyle. The Salisbury Club 1 referral programme seeks to develop a positive impact upon the long-term health of young people through developing a culture of sustained physical activity participation. The Sports Development team worked in partnership with the Salisbury Area Board and Local Youth Network LYN to secure funding for a pilot gym referral project in 2016/17. This enabled 14 NEET/ vulnerable young people to access a free of charge 12-month gym membership at the newly refurbished gym at Five Rivers Health and Wellbeing Centre.

The project commenced in November 2017 and has engaged and recruited hard to reach participants through a referral process. Referrals have come from a range of local community partners/organisations working with young people, including The Foyer, Motiv8, Rise 61, The WASP Centre, Doorstep Sports Clubs DSCs, and internal Wiltshire Council teams.

The role of the referrer is key to project success as they have a professional relationship with the young person understand their issues can offer support and will know if they are ready for the commitment. Referrers must commit to accompanying the young person for the first 2 weeks which includes an induction. All 14 free gym memberships have been distributed since the project launched in November 2017 and participants have totalled 87 visits to date. Young people need to demonstrate a commitment to attending on a regular basis or their place will be reviewed and could potentially be relocated. The minimum expectation is that a young person uses the membership 8 times during every 12-week period.

Through the project participants can benefit from additional opportunities including training and volunteer placements on projects such as Fit and Fed Doorstep Sports Clubs and the Wiltshire Skate Series.

Participants will need to commit to attending on a regular basis or their place will be re-allocated to another person. The minimum expectation is that a young person uses the membership 8 times during every 12-week period. This information will be reviewed after every period. Any removal of a young person from the project will be done following discussions with the young person and referrer. The role of the referrer is major to project success because they have a professional relationship with the young person and understand their issues. We do not want to set up young people to fail and making a referral for someone who will not commit to the attendance required for whatever reason will be counter-productive for them and the project. The referrer must accompany the young person to their induction and to the following session to provide support and encouragement Participants will need to commit to attending on a regular basis or their place will be re-allocated to another person. Any removal of a young person from the project will be done through discussions with the young person recognising that the gym is not for everyone and offering a menu of alternative provision.

Doorstep Sports Club coaches operate as mini-bus drivers on the weekly Club 1 programme from January 2019 to March 2019, picking up the mini-bus from Five Rivers Health and Wellbeing Centre and collecting the young people from both The Friary and Bemerton Estates and return after the Club 1 session.

### **Youth Panel recommendation**

The Police Cadets (12) formed the youth panel to consider this grant, and unanimously recommended approval.

### **Report Author:**

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